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What is claimed is:

1. A fuel cell electrode comprising:

a plate having a front surface and a back surface and also having a plurality of gas delivery holes and a plurality of gas exhaust holes formed through the plate, the front surface of the plate having a plurality of open gas distributions channels, a first portion of which is connected at one end to a first one of the plurality of gas delivery holes and at another end to a first one of the plurality of gas exhaust holes, a second portion of which is connected at one end to a second one of the plurality of gas delivery holes and at another end to a second one of the plurality of gas exhaust holes, and a third portion of which is connected at one end to said second one of the plurality of gas delivery holes and at another end to said first one of the plurality of gas exhaust holes.

- 2. The fuel cell electrode of claim 1 wherein the plate includes an equal number of gas delivery holes and gas exhaust holes.
- 1 3. The fuel cell electrode of claim 1 wherein the plate 2 includes two gas delivery holes and two gas exhaust holes.
- 1 4. The fuel cell electrode of claim 1 wherein the 2 portions include a plurality of open gas distribution 3 channels.
 - 5. The fuel cell electrode of claim 1 further comprising a second plate having a front surface and a back surface and also having a plurality of air delivery holes and a plurality of air exhaust holes formed through the second plate, the back surface of the second plate having a plurality

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- of open air distributions channels, a first portion of which 6
- is connected at one end to a first one of the plurality of air 7
- 8 delivery holes and at another end to a first one of the
- plurality of air exhaust holes, a second portion of which is 9
- connected at one end to a second one of the plurality of air 10
- delivery holes and at another end to a second one of the 11
- plurality of air exhaust holes, and a third portion of which 12
- 13 is connected at one end to said second one of the plurality of
- air delivery holes and at another end to said first one of the 14
- 15 plurality of air exhaust holes.
 - The fuel cell electrode of claim 5 wherein the second plate includes an equal number of air delivery holes and air exhaust holes.
 - The fuel cell electrode of claim 5 wherein the 7. second plate includes two air delivery holes and two air exhaust holes.
 - The fuel cell electrode of claim 5 wherein the 8. portions include a plurality of open air distribution channels.
 - 1 The fuel cell electrode of claim 1 wherein the front surface serves as an anode side of the plate. 2
 - The fuel cell electrode of claim 1 wherein the front 1 surface serves as a cathode side of the plate. 2
 - A fuel cell system comprising: 1
 - a plurality of fuel cells stacked together, each having a 2
 - first electrode, a second electrode, and a membrane sandwiched 3
 - between the first and second electrodes, wherein each first 4

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electrode includes a plurality of gas distribution channels on a surface thereof;

a plurality of gas delivery manifolds, each of which is connected to the plurality of channels of each of the plurality of first electrodes; and

a plurality of gas exhaust manifolds, each of which is connected to the plurality of channels of each of the plurality of first electrodes, wherein on the first electrode of each of the plurality of fuel cells, a first portion of the plurality of gas distribution channels is connected at one end to a first one of the plurality of gas delivery manifolds and at another end to a first one of the plurality of gas exhaust manifolds, a second portion of the plurality of gas distribution channels is connected at one end to a second one of the plurality of gas delivery manifolds and at another end to a second one of the plurality of gas exhaust manifolds, and a third portion of the plurality of gas distribution channels is connected at one end to said second one of the plurality of gas delivery manifolds and at another end to gas delivery manifolds and at another end to said first one of the plurality of gas exhaust manifolds.

- 12. The fuel cell system of claim 11 wherein the fuel cell system includes an equal number of gas delivery manifolds and gas exhaust manifolds.
- 1 13. The fuel cell system of claim 11 wherein the fuel cell system includes two gas delivery manifolds and two gas exhaust manifolds.
 - 14. The fuel cell system of claim 11 wherein the portions include a plurality of gas distribution channels.

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- 1 15. The fuel cell system of claim 11 further comprising 2 a gas delivery valve connected to an outermost one of the plurality of fuel cells and configured to open and close over 3 a portion of the plurality of gas delivery manifolds. 4
 - 16. The fuel cell system of claim 11 further comprising a gas exhaust valve connected to an outermost one of the plurality of fuel cells and configured to open and close over a portion of the plurality of gas exhaust manifolds.
 - The fuel cell system of claim 11 further comprising: a plurality of air delivery manifolds, each of which is connected to a plurality of air distribution channels on a surface of each of the plurality of second electrodes; and

a plurality of air exhaust manifolds, each of which is connected to the plurality of air distribution channels of each of the plurality of second electrodes, wherein on the second electrode of each of the plurality of fuel cells, a first portion of the plurality of air distribution channels is connected at one end to a first one of the plurality of air delivery manifolds and at another end to a first one of the plurality of air exhaust manifolds, a second portion of the plurality of air distribution channels is connected at one end to a second one of the plurality of air delivery manifolds and at another end to a second one of the plurality of air exhaust manifolds, and a third portion of the plurality of air distribution channels is connected at one end to said second one of the plurality of air delivery manifolds and at another end to said first one of the plurality of air exhaust manifolds.

- 1 18. The fuel cell system of claim 17 wherein the fuel 2 cell system includes an equal number of air delivery manifolds 3 and air exhaust manifolds.
- 1 19. The fuel cell system of claim 17 wherein the fuel cell system includes two air delivery manifolds and two air exhaust manifolds.
- 1 20. The fuel cell system of claim 17 wherein the 2 portions include a plurality of air distribution channels.